HCR 230: Culture and Health

Overview

What really is 'culture' and who decides what creates it? Is it what language we speak and where we grew up or does it go beyond that to encompass what we believe, think, and value? In this course you will unpack some of those questions and extend them into the field of healthcare. You'll take a look at the U.S. as well as other countries to examine health, illness, and how healthcare is delivered. You will also unpack barriers to intercultural communication and strategies to not only overcome these but to improve upon them. Cultural competency is increasingly important in not only health care but every single industry - come find out more about what it means - and how it applies to you - in this course!

What You'll Learn

- Discuss the concept of Cultural Competency in relation to National standards for Cultural and Linguistic Appropriate services (NCLAS)
- Identify cultural influences on one's own beliefs and values
- Apply models for assessing client cultural orientations, healthcare expectations, psychosocial structures, language, and communication patterns to individuals from different ethnic groups
- Evaluate the importance of the role culture plays in determining how different people perceive and shape their world
- Describe the impact of US and non-U.S. cultural definitions of health, illness and disease causation on an individual's health maintenance practices and response to healers
- Identify cultural strengths and barriers that influence utilization of healthcare services

How to Succeed

To be successful in this course, we recommend English language fluency and computer literacy. We also encourage you to make sure your laptop or desktop computer meets the technical requirements.

Earn College Credit

This course appears on your transcript identically to how it appears on the transcript of an enrolled ASU student.

This course satisfies 3 credit hours toward the Cultural Diversity in the United States (C) and Global Awareness (G) General Studies requirements at Arizona State University. It is strongly encouraged that you consult with your institution of choice to determine how these credits will be applied.

In order to receive academic credit for this course, you must earn a grade of "C" or better. You have one year to add the course to your transcript.

Exams and Grading

TBD

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Time Commitment

This is an asynchronous, online course. This means, while you will have deadlines, you do not need to be at your computer at specific times or participate in live activities.

To be successful in this class, you must view all course pages and complete all graded work by the deadlines indicated. Also, keep in mind that "attendance" in an online course means logging into the platform on a regular basis, checking for course announcements, and visiting and participating in the discussion forums.

This 3 credit, 8 week course requires about 135 hours of work. Therefore, expect to spend approximately 15-20 hours per week preparing for and engaging in this course.

Materials

This course makes use of open educational resources (OERs) provided within the course, **no purchase necessary**.

Graded Assignments

Graded assignments are required and count towards your final grade. Students must submit all assignments via the course site unless otherwise instructed.

Assignment Deadlines

Your instructional team will provide all content and learning activities on or through your course site. It is your responsibility to review all content, fulfill all assignments on time, and ask any questions you have in the designated discussion area. It is also your responsibility to determine the due dates and times for all course assignments according to your time zone. Due to the large-scale format of Universal Learner Courses, late assignments will not be accepted at any point during the course, and we cannot make exceptions.

Course Communication

All communication will take place via the discussion forums and course announcement page. There will be a discussion forum where you can post general questions, comments, and direct inquiries for the instructor and course team. Please use these forums to ensure a timely response. Your instructor will not be able to respond to email.

Additional Information

If you have questions about Universal Learner Courses and how they work, please visit ea.asu.edu or contact our support team at ulcourses@asu.edu.